

DISPLAY SCREEN EQUIPMENT



AT A GLANCE:

Course length: 15-20 mins

Video length: 10 mins

Languages: English

Health and Safety Collection

Taking care of the little things so they can't come back to bite us later.

What's included?

- Bite-size videos
- Interactive exercises
- Knowledge checks
- Course leader guide
- Series infographic

ABOUT THIS COURSE

The warm, soft glow of a digital screen is an alluring vision that grips our attention more and more each day. Rumour has it that you're even looking at one right now!

KEY INSIGHTS

These days it's impossible to live and work without them, but too much screen time can be a health risk - especially if you're sitting in a bad position or your workspace is set up worse than Windows Vista.

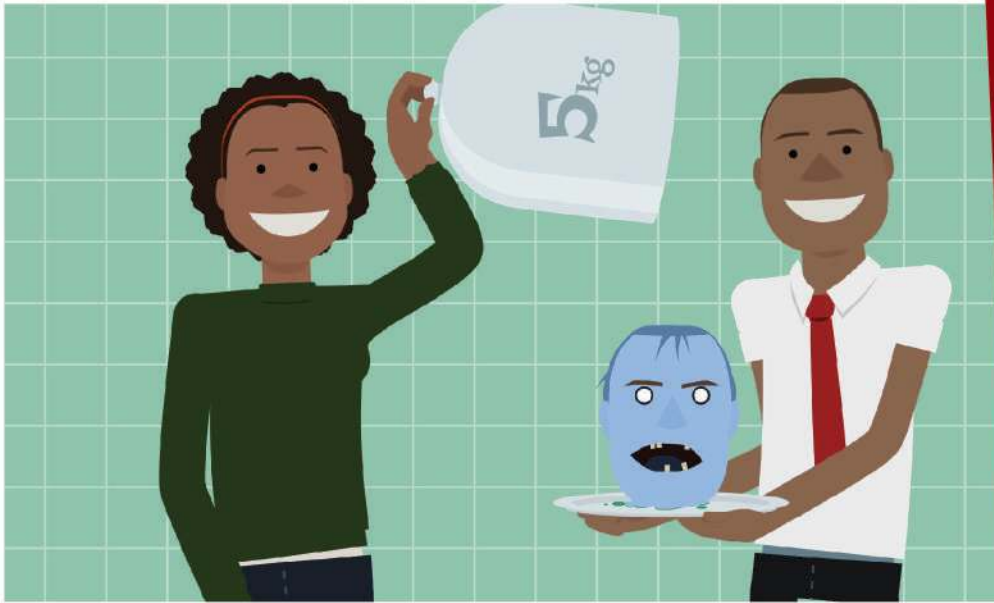
So watch the following guide closely (but not too close!) and save yourself from digital degeneration.

"I have been told by several people how fabulous the training you're organising is, specifically the whole online availability, variety of topics, effectiveness and entertainment level so superior!"
South East Water

WHO AND WHY

For any new member of staff as part of their induction training or as a refresher for long-term staff, to be more aware of the safety guidelines and ensure safe practices.

MANUAL HANDLING



AT A GLANCE:

Course length: 15-20 mins

Video length: 4 mins

Languages: English

Health and Safety Collection

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What's included?

- Bite-size videos
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ABOUT THIS COURSE

Relatively few work-related injuries caused by zombie attacks are reported each year, while manual handling continues to be one of the biggest causes of accidents or injuries in the workplace. Even something as simple as carrying a box of documents can put excess strain on your body if you're not careful.

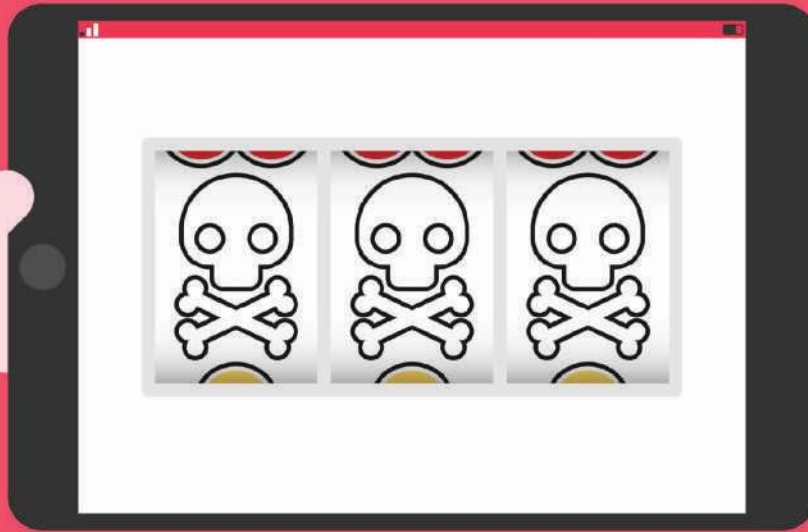
KEY INSIGHTS

Keep safe at work and in the zombie apocalypse by following this guide to manual handling.

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WHO AND WHY

For any new member of staff as part of their induction training or as a refresher for long-term staff, to be more aware of the safety guidelines and ensure safe practices.



AT A GLANCE:

Course length: 15-20 mins

Video length: 8 mins

Languages: English

Health and Safety Collection

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ABOUT THIS COURSE

Remember gravity is not your friend. If you get any lofty ideas it will bring you down to the earth faster than you can say head injury. If you must get high, always think it through thoroughly and try to make every step safer.

KEY INSIGHTS

If you think there is a reasonable possibility of you falling it's probably not worth it!

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