

Video Arts – Lockdown Learning Pathway

Videos

LOOKING AFTER YOURSELF

- Be Kind to yourself
 - Just Don't think about it
 - Keep a sense of perspective
 - Stress and Prioritising
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MANAGING PEOPLE REMOTELY – Informal Conversations and showing empathy

- Empathy
 - What is a one-to-one?
 - What Makes a Good Mentor?
 - Targeted acts of kindness
 - Recognising Absenteeism
 - Reasons for Absenteeism
 - Solutions for Absenteeism
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MANAGERS – coaching and communicating virtually

- Communicating as a remote worker
 - Barriers to communicating at Distance
 - Virtual meeting etiquette
 - What is Mentoring?
 - The First Meeting
 - Expectations
 - Mentoring Traps
 - Everyone's a teacher and everyone's a learner
 - Virtual Meeting Etiquette
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Effective Management and practical tips

- What Makes a Good Mentor?
 - Early Warning Signs
 - Setting SMART Targets
 - Time Management for Remote Workers
 - 30 ways to make more time
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MANAGERS – keeping motivation up through challenging times

- Keep Motivation Up
- Reward people like grown ups
- Show you believe
- Show them how it's done
- Sharing Praise

E-Learning

1. Emotions Versus Evidence
2. Being a Remote Worker
3. Counselling
4. Team Wellbeing for Managers
5. Virtual Mentoring
6. Managing Remote Teams
7. Managing Cross Cultural Teams
8. Performance Conversations
9. Emotional Intelligence
10. Being a Leader
11. Virtual Meeting Etiquette
12. Emotional Intelligence
13. Display Screen Equipment